



District One Altrusa International, Inc.
Bermuda, Canada, Connecticut, Massachusetts, New Hampshire,
Maine and Vermont

District Service Bulletin

Volume 9, Issue 6

“Simply Altrusa”

March 2010

District One Officers *12/16/09 - 4/24/10*

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SIMPLY the Governor's Message



March is here. Five weeks until Spring Conference 2010. Sign up! Remember to make out **both pages** of the **registration form** and send them in! We have lots of activities scheduled for you, as well as the very important business of the District. Please come and participate. Stay current using the District website; make sure your President is sending all the news bulletins pertinent to District to you; and by all means go on *District One Facebook*. Check out the candidates for District office and get ready to vote. Also, check out the *Conference Presenters' Snippets and Bios*, and plan on attending many interesting workshops at Conference.

My Committee Chairs for the 2010 term are:

Archives - Sandy LaBonte Portsmouth

ASTRA - Kelly Bennett and Monica Bennett Meredith

BRR – Pat Jackowski Central Connecticut

Communications/DSB - Deb Smith Portland

Communications/Website- Laura Cameron Laconia

Finance – Incoming Treasurer

Foundation – Kathy Stasko Seacoast

Leadership – Sue Hawes Bangor

Membership - Jan Bosse Biddeford-Saco

Service – Kathy Didato Central Connecticut

New Club Building/Club revitalization - Susannah Leslie Plymouth County & Patsy Peers Quincy

Parliamentarian – Terri Houston Plymouth County

Welcome and thanks for all new chairs!

The Committee Chair “*Job Descriptions*” are in process of revision, so that we may be better equipped to know what is to be expected of Altrusans in these positions.

I have updated the *Strategic Plan for District One*. The District Board will be reviewing that on our next conference call on Thursday, March 25th and hopefully giving it the nod. Then it will be made available to you. The *Policies and Procedures of District One* are also in process of review and updating and should be ready by Spring Conference or soon after. Susannah Leslie and Rita Cote are busy piloting that project.

Any comments or questions are always welcome. Call, write or email me or any District Board member at any time. See you at Spring Conference!

Ann Babbitt

Governor District One

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District One is on Facebook

Go to the District One Web page

www.altrusadistrict1.com

Click on the Facebook link

you can upload club photos on the site and chat with other Altrusans

March 15, 2010 - Award Submissions must be postmarked by today

March 23, 2010 - Deadline for Early Bird Registration Fees - SAVE \$15 if you register by this date!

March 23, 2010 - \$74 hotel rate deadline or until the block of rooms is full

April 16, 2010 - If you register for the 2010 Spring Conference and find that you need a refund this is the deadline to get your request to the Treasurer, Rita Cote

ALL Conference Service Project

The Biddeford-Saco Altrusa club will be coordinating the service project for the 2010 District One Spring Conference. The details will be in the March DSB. Here's some info to get you thinking about what is available.

At Logan Place:(this is where we went 2 years ago) yard work, garden prep, painting, spring cleaning of common areas of building, baking sweet treats at Logan Place to freeze, organize beano/bingo game

At Day Shelter: Organize clothing closet

At Florence House: baking sweets to freeze, do crafts with women, organize a beano/bingo game. The first tenants will move into Florence House April 6th so there will be plenty for us to do to help them.

Check it out: www.preblestreet.org/florence_house.php

**All three of these facilities are part of
Portland Housing and Preble Street Resources.**

District One Memorial Service

Please send the name and an electronic photo of any club member who has passed away since our last District One Conference, April of 2009, to Deb Smith, for the 2010 Memorial Service.

Deb's email is: N2Ldeb@yahoo.com



District One Proposed By-law Change

From the By-Laws, Resolutions, and Recommendations Committee:

The District One Board of Directors is proposing an amendment to the Bylaws. The proposal will address changing the current officer elections from even to odd years to coincide with the tenure of the International Officers term of service. As stated in the District One Bylaws, the BRR committee will submit any proposed changes to all clubs for their consideration 60 days prior to the spring conference (April 2010). The membership will vote on the Bylaw change at the conference 2010. Further, if approved by vote, District One would then notify International of the approved change and seek confirmation. As such, the current wording is:

Article XI: Officers; Section 2.Elections

All elected officers shall be elected by ballot at the Conference in the even calendar year.

The proposed amendment is;

We, the Board of District One, submit that Article XI Section 2 (a) of District Bylaws be changed to read:

All elected officers shall be elected by ballot at the Conference in the odd calendar year, effective 2011.

For Point Information, the following statement is provided.

Rationale for amendment to District One Bylaws:

“Currently, District One is one of only 3 Districts to be out of sync with the International Altrusa Officer terms. This means that the District One Governor needs to straddle two International Presidents terms and incorporate two different international themes during her District One Governorship. Also, currently the District One Governor does not share the same term as most of the Governors with whom she received training. The bonding and networking that is gained during their Governor's Training provides a critical support system for the Governor to tap as needed. The Board felt that realignment of the terms in District One, in order for them to be in sync with the International terms, would benefit District One, and the incoming governor. The Officers in line for key terms beginning in 2010 were made aware that the potential passage of this motion would mean their term would end in one year. They are in agreement that if this motion is voted in by the membership they will willingly, without reservations, serve for one year, until a new biennium begins in 2011.”

Gay Douglas

BRR Committee Chair

EARLY BIRD REGISTRATION ENDS

MARCH 23. SAVE \$15 if you register by

March 23rd!



Installation Night

The colors for Installation night are the Altrusa colors, blue & white, with black if you need it, of course. It is also birthday celebration night for Altrusa International, District and all of our 19 clubs.

District One Photo Show

Deadline for your club photos to be included in the District Slide show at Conference is March 15. Send your photos to CATHY BAYBUTT via email. Large files are better (better picture quality), jpg format. We are looking for pictures of new member initiations, officer installations, fund raisers, service projects, fun outings, Christmas parties, regular meetings, guest speakers, etc.

Here is Cathy's email address:

cb2583@roadrunner.com

New Altrusans

January 2010 - March 5, 2010

Fall River - Elizabeth Dunn, Ronda Ferreira, Tracy Toupin, Nancy Martin

Laconia - Anne Marie Hodapp

Merrimack Valley - Mary Jo Tatseos, Christina Paconis

Barre - Marie Keaton, Karen Micheli, Jean Fish, Stacey Cadorette

Carroll County - Ellen Andrews

Central CT - Ellen Paris

Portland - Gail Mazzone

If you have new members in your club who are not recognized on this list please make sure to forward the necessary paperwork to District One Treasurer, Rita Cote and let the DSB editor know and we will include their names in the next DSB.

WELCOME TO ALTRUSA

CELEBRATE YOUR SUCCESSES! SHARE WHAT WORKS! TAKE A BOW!

It is always a pleasure to see and hear about **ALL** the good things that Altrusans do. It would be so nice if **EVERY** club had at least one submission. **The submission forms are on the District One website.** You can download them by going to www.altrusadistrict1.org. Click the awards tab and choose the form. After completing the form, mail your submissions to the following Altrusans:

Mamie L. Bass (Service Projects) - send 3 copies to: Patricia Peers, 86 Trefton Drive Braintree, MA 02184

Letha H. Brown (Literacy) - send 3 copies to: Susannah Leslie, 671 Webster St. Hanover, MA 02339

Nina Fay Calhoun (International) - send 3 copies to: Virginia Townes, 438 Mile Lane Middletown, CT 06457

Gabrielle Crepeau (Leadership) - send 3 copies to: Sally Evans 798 Old Warren Rd. Swansea, MA 02777

Newsletter- you must send **3 copies of 3 different newsletters** to: Sandra Jarvinen PO Box 168 Pembroke, MA 02358

Yearbook - send **3 copies** to: Stephanie Wilkins 31 Sherburne St. Sanford, ME 04073

Publicity - send **3 copies** to: Laura Cameron 935 Union Ave Laconia, NH 03246

AWARD SUBMISSION DEADLINE IS: MARCH 15, 2010

2010 Altrusa District One Spring Conference

Please Welcome Cindy Schad our International Representative



Cindy will be speaking at the Friday evening session about her life in Altrusa and Altrusa International. She will participate in the Re-branding workshop on Saturday morning.

She will speak again on Saturday afternoon about Membership.

Cindy will make herself available to answer any other questions that you may have about Altrusa.

Cindy's full bio was posted in the January 2010 DSB. Get ready for Cindy's Altrusa HUGS!

2010 Altrusa District One Spring Conference

Please Welcome Guest Speaker, Nancy Miriam Hawley

"Sufficiency -The Power of Enough"



Nancy Miriam Hawley, LICSW, is a co-founder of Enlightenment, Inc., a coaching, consulting and training company specializing in leadership development, executive team development, and financial seminars and retreats for business owners and executive couples. She works with executive management teams and entrepreneurial individuals, couples and families to maximize both personal and professional relationships. Ms. Hawley and her life and business partner, Mr. McIntyre, have been working with people for 30 years to produce lasting results in the areas of relationship, communication, conflict resolution and gender issues.

2010 Conference Workshop Presenters

Governor, Ann Babbitt would like to commend these Altrusans who will be presenting sessions at the 2010 District One Spring Conference. They have volunteered to dedicate their time, expertise and effort into preparing these workshops for you.

Going Green - **Brenda Tillotson**, Laconia

Constant Contact and Skype - **Deb Smith**, Portland

Ghosts of Bi-enniums Past and Promises for the Future - **Alexinia Baldwin**, Northeastern CT,
Denise Doyon, Biddeford-Saco and **Sandy LaBonte**, Seacoast

ASTRA - **Monica Bennett** - Meredith

Service Round Table - **Kathy Didato**, Central CT

Treasurer's Training - **Rita Cote**, Biddeford-Saco

President's Training - **Linda Ring**, Central CT

Leadership - **Sue Hawes**, Bangor

Re-branding Altrusa - **Terri Houston**, Plymouth County & **Cindy Schad**, Ocala, FL

International Foundation & Grant Writing - **Susannah Leslie**, Plymouth County, **Ann Marie Snyder**, Merrimack Valley, **Kathy Stasko**, Seacoast

2010 Spring Conference Workshop Descriptions

FRIDAY, APRIL 23

1:00 - 3:45 pm

Constant Contact Email Marketing and a Introduction to Skype

Deb Smith, Altrusa of Portland

This is a beginner session to introduce Altrusans to Constant Contact, an email marketing tool. Build and grow your own email list, get your email in their inbox, boost customer communication and track your results. This is just some of what Constant Contact can do. Find out how to get a 60 day free trial. The session will include an introduction on how to use Skype to communicate "live" with another person on your computer.

Deb has attended one Constant Contact workshop and uses Constant Contact email marketing at Sylvan and for multiple non-profit organizations. Deb is hoping to pique your interest and show Altrusans some of what is available in the electronic world.

1:00 - 2:30 pm

Going Green

Brenda Tillotson, Altrusa of Laconia

This workshop will be about how to make some simple choices in your everyday living to help with the environment as well as our own personal well being.

Brenda is a member of the Laconia NH Altrusa club. At this time I am just a very excited "general membership" Altrusan. I am honored to be asked to be a workshop presenter at our 2010 Spring Conference in Portland Maine. My profession is a Nutritionist, working as an Office Manager for a Chiropractor in Laconia, NH gone "Green".

1:00 - 3:00 pm

Ghosts of Bienniums Past and Promises for the Future

Alexinia Y. Baldwin, Altrusa of Northeastern CT

Denise Doyon, Altrusa of Biddeford-Saco

Sandy LaBonte, Altrusa of the Seacoast

Three "seasoned" Altrusans explore what was, what is, and what can be. You will experience this Altrusa journey as we did. You will be asked to play your role in exploring what the future can and should be.

Alexinia Y. Baldwin, Past International President, Past Governor District Two; Denise Doyon, Past Governor, District One; Sandy LaBonte, Past Governor, District One.

4:00 - 4:45 pm

First Timer's Session

Denise Doyon, Altrusa of Biddeford-Saco

Join us for a warm welcome to first timers as you begin to experience Altrusa at the District level. We'll review the weekend schedule, discuss some of the changes being implemented and explore their options. We'll open the session to questions and suggestions.

Denise is a Past Governor of District One, Past International Service Committee Chair, Past Member of the International Restructuring Committee, current club finances committee member.

2010 Spring Conference Workshop Descriptions

SATURDAY, APRIL 24

9:00 - 10:00 AM

President's Training

Linda Ring, Altrusa of Central CT

Presidential Files and Reports.... "Remember - No job is complete until the paperwork is done."

What is the CAR? When do you file it? How important is it? Do you have all the information you need?

You spend so much time planning and executing wonderful projects to benefit Altrusa and the communities where you live and work... but do you get recognition for all that hard work? How do you document what was done so that you don't have to re-invent the wheel next year? Did you use that information to submit an entry for Mamie L Bass, Letha H. Brown, Nina Fay Calhoun awards? Is your club doing all it can to be recognized as a Distinguished Club? Come find out how it's done! Bring one of your clubs latest CARs award submissions. (Club Activity Report)

Linda Ring, is Vice President of Altrusa of Central CT and has been a member of Altrusa since 1991. Linda has served in all local club offices (except Treasurer), and was Director on the District One Board.

9:00 - 10:00 am

Treasurer's Training

Rita Cote, Altrusa of Biddeford-Saco

Current treasurers and Altrusans who are thinking about becoming treasurer in their club, will have an opportunity to learn about the responsibilities of the Treasurer, how to prepare a budget, types of members, paying dues, amounts and online registration of your members. Other topics will include how to make address changes on line, incentive and sponsoring new members and IRS filing requirements for small tax exempt organizations.

Rita has been Treasurer in the Biddeford-Saco club and is the current District One Treasurer. She owns her own accounting business.

9:00 - 10:00 am

Service Project Roundtable

Kathleen Didato, Altrusa of Central CT

At workshop I shared a Service Project Planner to help Altrusans organize a new Service Project. (I will try to bring extra copies for those who could not make it to workshop.) We will share Service Projects with each other to see if there is a project that fits well for your club. Whether you have many or few members in your club you can accomplish great service projects. Hope to see you at this session with lots of your ideas!

Kathleen is a Past President and member of Altrusa of Central CT since 1980, and your Service Chairperson for 2010-2011.

2010 Spring Conference Workshop Descriptions

SATURDAY, APRIL 24

9:00 - 10:00 am

ASTRA Roundtable

Monica Bennett, Altrusa of Meredith

A round-table of sharing and discussion for anyone who is involved in or would be interested in being involved in having an ASTRA Teen Service Club. Bring your questions, problems, share your ideas and let's see how we can build ASTRA awareness and hopefully more Astra clubs in District One.

Monica Bennett is currently co-chair of District One ASTRA committee with her daughter, Kelly Bennett. She has served as a Past District Board Director and as Leadership co-chair for District One. She became involved with Altrusa in 1986 when she signed her daughter up for ASTRA and was then asked to "help out". She has been "helping out" as an advisor for the Meredith ASTRA club now for 23 years. A past President of her local Meredith club and a recipient of the Gabrielle Crepeau Leadership award and the Meredith Rotary Club Service Above Self Community Service award, Monica believes our teens are a huge investment in the future of the world for all of us.

10:15 - 11:15 am

Leadership Training

Sue Hawes, Altrusa of Bangor

Here is an opportunity to learn what makes meetings effective, and different types and preparation of meetings. We will examine the roles and function of the various participants at the meeting. Learn the basics of how to handle a "motion" and how to evaluate our meetings.

This session is for new Club Officers who are just beginning to preside over meetings and for the Seasoned Officer who would like to review the principles of running great meetings.

Sue is a resident of Bangor. She is an Office Manager of Focus Eye Care of Maine, Neurosurgery of Maine and Pediatric Specialties of Maine, all practices of Eastern Maine Medical Center. Sue currently sits on the City Council and is a Past Mayor of Bangor. She is a Past President of the Altrusa Club in Bangor and currently serves on the International Leadership Committee for President Donna Johnson of Altrusa International.

10:15 - 11:15 am

"Rebranding Altrusa"

Terri Houston, Altrusa of Plymouth County

Cindy Schad, International Treasurer

Miles Media has been selected by the International board to provide Altrusa International, the Altrusa Foundation and ASTRA with a clear, credible, consistent branded message that will be heard around the world. Altrusa's message will no longer be their "little secret" - the message will be heard. The workshop will review the plan on how putting this insight to work for Altrusa can be made possible.

Terri is the District One Past Governor and an International Director. **Cindy** is our International Representative to 2010 Conference and Treasurer for Altrusa International.

2010 Spring Conference Workshop Descriptions

SATURDAY, APRIL 24

10:15 - 11:15 am

International Foundation & Grant Writing

Susannah Leslie, Altrusa of Plymouth County

Kathy Stasko, Altrusa of the Seacoast

Ann Marie Snyer, Altrusa of Merrimack Valley

Learn how simple it is to complete a Foundation Grant application. Susannah recently wrote a foundation grant for Altrusa of Plymouth County and it was accepted. Learn about the Foundation timetable to submit applications and when grants are announced. Simple but informative!! Ann Marie will provide information on the awards that are available through the Foundation.

Kathy is the District One Foundation Liason 2010-2011

Ann Marie is on the International Foundation Board

Susannah is Governor Elect and has written and received a Foundation Grant

After the 2nd General Business Session

Membership - Where Do We Grow From Here?

Cindy Schad, Altrusa of Ocala, FL

International Treasurer

Join Cindy in this "Master Gardener's Workshop" and learn how to grow Altrusa.

Cindy is a member of Altrusa of Ocala, FL, our International Representative to 2010 Spring Conference and the Treasurer at Altrusa International

News From International

Thanks to a lot of hard work by the Membership Development and New Club Building Committee, the 2009 Edition of the *New Club Building Manual* is now available. As a service to all clubs, this manual is being made available to you for download at no charge. Just go to <http://www.altrusa.com/Publications/Other.aspx>.

Also available at no charge from the same page is a downloadable copy of the *International Bylaws and Polices*.

If you wish to have a hard copy, you can take your downloaded file to any local copy shop and they will copy and bind it for you. Or if you don't care to do that, e-mail altrusa@altrusa.com and request that they make a hard copy of one of these two manuals for you and they will arrange to have it done. There will be copying, shipping, handling and service charges for doing this.

New Altrusa Encyclopedia

The updated *Encyclopedia* is now available in either hardcopy or downloadable version. Go to the Altrusa International web site to order or download. District One will have copies of the Encyclopedia on sale at the 2010 Spring Conference. Cost will be \$12.



**ALTRUSA INTERNATIONAL DISTRICT ONE
2010 SPRING CONFERENCE REGISTRATION**

APRIL 23-25, 2010

Registrant Info - Please print or type

Name: _____
 Street Address: _____
 City: _____
 State/Country/Zip: _____
 Phone (____) _____
 (please circle one) Home/Work/Cell
 Email: _____
 Preferred name on name tag: _____

Club Name: _____

Please check all that apply for the 2009-2010 year:

CLUB	DISTRICT
____ President	____ Officer
____ Treasurer	____ Past Governor
____ Delegate	
____ Alternate	INTERNATIONAL
____ Member	____ Representative
____ First Timer	____ Officer
____ Guest	(past or present)

Registration

Session	Fee	Enclosed
Early Bird Registration If before 3/23/10	\$40.00	
Registration (after 3/23/10)	\$55.00	
On Site late fee	\$5.00	
Friday Dinner	\$28.00	
Saturday Breakfast	\$11.00	
Saturday Lunch	\$21.00	
Saturday Dinner	\$35.00	
Sunday Brunch	\$18.00	
Total registration fee:		

All meals except Saturday dinner will be served buffet style and will include a vegan dish.

Please circle your Saturday dinner choice:

(see next page for choice descriptions)

Filet Style Sirloin

Zackery's Chicken

Baked Penne with Roasted Vegetables

Do you have a special diet? If yes, please describe:

On Friday will you be participating in the service project? YES NO

Complete registration with all meals, if mailed before 3/23/10 is \$153, after 3/23/10 is \$168

Please use a separate registration form for guests who will be attending meals.

Payment

Send completed registration form and a check for the total registration. Registration must be postmarked by March 23, 2010 to qualify for the early bird discount. **Make checks payable to:**

Altrusa District One and

mail your registration and check to: Rita Cote, P.O. Box 729, Bar Mills, ME 04004.

To cancel a registration and receive a refund (less a \$10 non-refundable fee) a written request must be received by the District Treasurer postmarked no later than **April 16, 2010**. All refunds will be processed within 30 days of the close of the Conference.

HOTEL ROOM REGISTRATION INFORMATION

Holiday Inn West, Portland, Maine

Call the hotel directly for your reservation at the toll free number: **1-877-774-4405**

Do not register by fax or e-mail!

Tell them you are with Altrusa for the \$74.00/night rate. The \$74.00 rate applies until March 23rd or until the block of rooms is gone, whichever comes first. There are no elevators. If you cannot do stairs, request a 1st floor room. You can request a late check out on Sunday for 1 pm if you need it.

Having Trouble Deciding What You Want for SATURDAY DINNER?

- Filet Style Sirloin** Char-grilled, tender and flavorful Sirloin that looks and cuts like a filet
- Zackery's Chicken** Tender breast of chicken sautéed with Mushrooms, Sun-Dried Tomatoes, and fresh Basil in a light White Wine Cream Sauce.
- Baked Penne with Roasted Vegetables** Al dente Penne Pasta tossed with a medley of Roasted Vegetables and a Creamy Roasted Garlic Sauce.

PLEASE CHECK THE WORKSHOPS, SERVICE PROJECTS, & EXCURSIONS BELOW YOU ARE INTERESTED IN ATTENDING AT CONFERENCE

**ALERT ! 1) You will *not* be held to these choices. This is to get an idea of what you want to do.
2) They are subject to change.**

Friday:			Saturday:	
1-2 pm	Going Green	_____	7-8 am	Walk w/ a Board member _____
1-4 pm	Constant Contact, Skype, Computer technology	_____	9-10 am	ASTRA _____
1-3 pm	Altrusa Orientation/Chat with the Veterans & Pros	_____	9-10 am	Service Roundtable _____
1-4 pm	Off site Service Project	_____	9-10 am	Treasurer's Training _____
1-4 pm	Socializing Room	_____	9-11:15 am	(1)Presidents' Training _____ & (2)Leadership _____
1-4 pm	Excursion: Longfellow House, Historical Museum, Longfellow Bookstore	_____	10:15-11:15 am	Re-branding Altrusa _____
4-5 pm	Walk w/ a Board member	_____	10:15-11:15 am	International Foundation & Int. Grant Writing _____
			Sunday:	
			7-8 am	Walk w/ a Board member _____
			1:15-3:30 pm	Excursion Portland Museum of Art _____

Note: More detailed information about the Service Project, and from and about the Presenters (They are awesome) will be coming on Constant Contact, the District Website, and District Facebook.

**Please MAIL THIS COMPLETED FORM to Rita Cote with your registration form.
This information will be helpful as we finalize Conference plans.**

A Glance at the 2010 Altrusa District One Spring Conference

The District One Board has asked for suggestions from the membership and you have responded. You will see that the 2010 Spring Conference has taken on a new schedule. We are trying to accommodate your suggestions to have the bulk of this conference on Saturday. We look forward to your feedback after conference. We have managed to put many of your suggestions into place for this conference.

New this year, every Altrusan who registers for the 2010 Spring Conference will receive a confirmation e-mail acknowledging receipt of your registration. We need you to print your email address clearly on your registration form to ensure that your registration can be acknowledged. If you don't receive this email within 2 weeks of sending your registration, please contact Deb Smith, District Secretary.

N2Ldeb@yahoo.com or 207-272-4290.

PRELIMINARY SCHEDULE AT A GLANCE:

(subject to change)

FRIDAY, APRIL 23, 2010

9:30 am - 12:00 pm	Pre-Conference Board Meeting
12:00 pm - 6:00 pm	Registration Open
1:00 pm - 4:00 pm	Off-site District Service Project
1:00 pm - 4:00 pm	Excursion- Longfellow House, Historical Museum, Longfellow Bookstore
1:00 pm - 4:00 pm	Workshops– see pg. 9
4:00 pm - 5:00 pm	Walk
4:00 pm - 4:45 pm	1st Timers Orientation
4:15 pm - 5:00 pm	Flag Ceremony practice
4:45 pm - 5:15 pm	Delegate Briefing
5:15 pm - 6:00 pm	Reception for Cindy Schad
6:00 pm - 7:00 pm	Dinner (buffet)
7:15 pm - 8:45 pm	Flag Ceremony and 1st Business Session
9:00 pm - 9:30 pm	Cindy Schad- Speaker - Altrusa International

SATURDAY, APRIL 24, 2010

7:00 am - 8:00 am	Walk
7:00 am - 9:00 am	Continental Breakfast
7:30 am - 9:00 am	Registration Open
9:00 am - 10:00 am	ASTRA
9:00 am - 10:00 am	Service Roundtable
9:00 am - 10:00 am	Treasurer's Training
9:00 am - 11:15 am	(1)President's & (2)Leadership
10:15 am - 11:15 am	Re-branding Altrusa
10:15 am - 11:15 am	Int. Foundation & Grant Writing
11:30 am - 12:00 pm	DELEGATE VOTING
12:00 pm - 2:00 pm	Lunch & Speaker- Nancy Miriam Hawley
2:15 pm - 3:45 pm	2nd Business Meeting Awards
4:00 pm - 5:30 pm	District Slide Show Cindy Shad -Membership Talk Altrusa Town Meeting
6:15 pm - 7:00 pm	Past Governors' Reception
7:00 pm - 9:30 pm	Installation Banquet

SUNDAY, APRIL 25, 2010

7:00 am - 8:00 am	Walk
8:30 am - 9:00 am	Set up for Fundraising Fair
9:00 am - 9:45 am	Fundraising Fair
10:00 am - 11:00 am	Awards Brunch
11:15 am - 12:00 pm	Awards Memorial Service Retiring of the Flags
12:15 pm - 1:15 pm	Committee Chair & New Officer Orientation with Governor
1:15pm - 3:30 pm	Excursion- Portland Museum of Art
1:30 pm - 4:00 pm	Post Conference Board Meeting
~~~~~	Good byes

## ***ELECTIONS....ELECTIONS...ELECTIONS***

### ***2010 Spring Conference Officer Candidates***

Here is the list of Altrusans who have been nominated and have accepted this nomination and agree to run for District One office. Nominations are open and will remain open until Friday, April 23 at Spring Conference, when nominations will be accepted from the floor.

**Governor Elect - Susannah Leslie, Plymouth County** - I was first introduced to Altrusa in 1989 when Plymouth County, MA. was eight members strong! It has been wonderful to watch my club grow. It has been intriguing to watch District evolve. Before making any decisions to “move up” in District, I served as Membership Chair, Treasurer, and Director at the District level. I consider myself fortunate to attend Conventions in beautiful cities with wonderful friends. Altrusa is an amazing organization! Now I serve as the Treasurer of the church we all attend, but consider myself retired. This provides me with some time to devote to my Altrusa club and to District! So, I’m hoping that you will promote me to Governor-Elect!

**1st Vice Governor - Jan Bosse, Biddeford-Saco** - My name is Jan Bosse. I became an Altrusan as a member of the Sanford-Springvale Club in 1990. In 2003 after a 6-year hiatus from Altrusa while living abroad, I returned as a member of the Biddeford-Saco Club. I have been President of both clubs and held positions in District One as a two-time Membership Chair and a Director. I administer low-income housing programs in Portland. I believe that every club in District One must be committed to help all clubs succeed in community service and in leadership development by sharing their knowledge and ideas.

**1st Vice Governor - Mary Faries, Bermuda** - I became a member of Altrusa in 1989 holding several positions within the Bermuda Club. I was responsible for organizing and arranging the District One Conference in 2001 hosted by my Club. At Board level served as BRR Chairperson, Treasurer with an assistant and currently 2nd Vice Governor. My working career has seen me in the banking field for over 29 years with management positions. Presently I am a Director of Butterfield Fulcrum Group (Bermuda) Limited. If elected my principle aim will be to give priority to retention of membership and attraction of new members for growth of District One.

**2nd Vice Governor    OPEN**

**Treasurer - Marie Pike, Portland** - Marie is a senior manager with the CPA firm Otis Atwell, specializing in both tax and audit issues of the development and operations of low-income housing projects. She has been a member of the Portland Maine Altrusa club since 2000 and has served on the club's board as Treasurer, Vice-pres. and President. At various times she has chaired the club's Finance, Membership & Service committees and currently is the newsletter editor. On the District level, Marie has served on the Finance committee for the past two years and previously on the Nominating Committee.

## ***ELECTIONS....ELECTIONS...ELECTIONS***

### **Director (vote for 2)**

**Cathy Boone, Central CT** - Altrusa since 1987. President, Vice President, Board member, current Treasurer. Served six years on Board of Trustees of Altrusa International Foundation. Retired: Assistant State Treasurer. Managed Connecticut's debt for 17 years. Currently manage volunteer income tax program for low income people in Middletown. BA, University of Connecticut: MPA, University of Hartford. I would like to serve on the Board to assist the Governor, to get a better understanding of the District level and to get to know more Altrusans through greater involvement.

**Gloria Gallant, Laconia** - I have served as President for the Laconia, NH Altrusa club from 2001-2002 and have been a member since 1989. My additional volunteer efforts include serving as the Treasurer for my local church for the past three years, as well as serving the New Hampshire Master Chorale as their current Treasurer. I enjoy my active involvement with these non-profit organizations and feel that much can be learned and shared to strengthen and develop our non-profit boards. I have been a Certified Public Accountant since 2004, and a Certified Fraud Examiner since 2008. I am currently employed by the firm of Anderson & Cloues, PLLC located in Concord, NH. I believe that my passion for altruism, along with my financial background, including many years in banking, lend me the experience to compliment the board of District One.

**Linda Hennebury, Biddeford-Saco** - My name is Linda Hennebury and I am running for the position as one of the Directors of the District One Board. Presently, I am the President of the Biddeford Saco Maine club, and have been a member of Altrusa since May of 2003. My designation is Healthcare and my occupation is Executive Secretary for the Vice President of Clinical Support Services of Southern Maine Medical Center. I have been an employee at the hospital for 15 years this month, but have been there for almost 20 years, as I was a hospital volunteer for 5 years. Community Service has been an important part of my life for many years, and I have donated many hours over the years to several non-profit organizations, such as the Biddeford Free Clinic, Saco Food Pantry and local elementary schools in Saco. Altrusa members that I have met over the years are the most community oriented people I know, and I hope to be able to carry on that tradition within the organization, and to share our vision with other clubs in the district.

**Kathy Stasko, Seacoast** - Past President of Seacoast Altrusa (formerly Portsmouth), have served two terms. Was the co-chair for many years of the Seacoast's successful fundraiser "The Taste of the Seacoast" and was the chair of the "Seeing My World" photography course at the Birch Tree Learning Center for Autistic Children in Portsmouth. On the District level I have served two terms as Communication Chair and am currently the Foundation Chair. Have also served as a member of the nominating committee and I have chaired a District workshop. I am an RN working at York hospital in the emergency dept. I am the head biller/auditor for both the York and Wells ERs. I also take care of the PR needs for the dept as well as the care and feeding of the 12 doctors who work there! I live in both York, Me and Nottinham, NH and have three lively dogs.

## ***ELECTIONS....ELECTIONS...ELECTIONS***

Nominations are still open for these position and will remain open until Friday, April 23 at Spring Conference, where nominations will be accepted from the floor.

### ***District One Nominating Committee for 2010-2012 candidates are***

(Vote for 3)

Sue E. King, Portland

Monica Bennett, Meredith

Terri Houston, Plymouth County

### ***International Long Range/Strategic Planning Committee***

Referencing the International Policies and By-laws, 2009-2011, Policy 61 does not outline specific qualifications for those individuals to be elected by the Districts to the 2011-2013 Long Range Strategic Planning Committee, but does outline specific responsibilities of the committee members. Interested candidates should review this policy.

### ***2011 - 2013 International Nominating Committee***

To be eligible, a nominee from a District must be an Active Member and must have served at least one(1) term as the President of an Altrusa Club.



**Altrusa District One Elections take place on**

**Saturday, April 24, 2010**

**in the Hotel lobby**

**11:30 - 12:00 pm**

**Make sure your club's Delegates cast a vote to represent your club!**

Altrusa International, Inc.  
District One Editor  
Deb Smith  
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Portland, ME 04102



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[www.altrusadistrict1.com](http://www.altrusadistrict1.com)

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### **DSB Schedule for 2010-11**

May/June 2010  
September 2010  
December/January 2011  
March 2011

Check the District One Website for 2010  
Spring Conference updates.

District One will be using Constant Contact  
email marketing to keep you updated in  
the future!

### **Coming Events**

**District One Spring Conference 2010:** April 23-25, 2010  
Portland, Maine, hosted by Portland Altrusa Club  
**District One Fall Workshop 2010:** November 6, 2010, hosted  
by Carroll County Altrusa Club  
**Altrusa International 52nd Convention:** July 2011 at the  
Ramkota Hotel and Conference Center, Rapid City, South  
Dakota  
**Altrusa International 53rd Convention:** July 2013 in New  
Zealand