



District One Altrusa International, Inc.
Bermuda, Canada, Connecticut, Massachusetts, New Hampshire,
Maine and Vermont

District Service Bulletin

Volume 9, Issue 8

“Simply Altrusa”

February 2011

District One Officers 2010 - 2011

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SIMPLY the Governor's Message



Greetings to all District One Altrusans!

Simply HAPPY NEW YEAR !and beyond.....Happy February, that is. I hope all is going well at your Altrusa midyear juncture, both at an individual and at a club level. Projects are maturing. New members are learning. Funds are being raised. Fun is being had!

Conference is coming. Deadlines are coming- (see the deadline piece in this DSB). District and International are busy!

Read the news from the International President, Donna Johnson (also in this DSB).

Our Governor's Council phone conference was 3 hours long on January 22nd, if that gives you an idea of how active Altrusa is on the District and International level. Active is a good word to describe Altrusa; and especially at this time of upcoming changes, which are all positive and exciting. Many are still in process and not yet ready to “go live” with the general membership of Altrusa. Much of that will be saved for Convention in South Dakota. And that is the very reason to attend the 2011 Convention July 22-25 - to be on the cutting edge of new developments in Altrusa!

Enjoy your District Service Bulletin, peruse the articles, bulletins, and Spring Conference information. Sign up and send in your registration forms and come join us April 15-17 in beautiful Plymouth, Massachusetts, to listen, learn and participate in Simply Altrusa District One and beyond.

Best wishes as you continue your Altrusa endeavors through the winter and on in to the growing light of spring.

Ann Babbitt
Governor District One

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District One is on Facebook

Go to the District One Web page

www.altrusadistrict1.com

Click on the Facebook link

you can upload club photos on the site and chat with other Altrusans



Reminder About End of Year Dues!

Members joining by March 31st pay 1/2 dues to International (but the full \$10 set-up fee) and also half to District (\$7.50). Members joining after March 31st pay a full year dues but it covers them through the end of the *following* year, May 31, 2012.

Please be sure to get all new member information to International and District promptly, especially as Spring Conference approaches, so that your delegate count is accurate.

ATTENTION ALL past, present, incoming and potential **CLUB PRESIDENTS, VPs, DIRECTORS, SECRETARIES** - Governor, Ann Babbitt and Governor-Elect, Susannah Leslie, **REQUEST** your presence at the "pretty, (as much as possible)" **Mandatory Officer Training** Session the Friday afternoon of District One Spring Conference, April 15th, 2011. Mark your calendars and show up for an informative training about the "How To s" of Officers' jobs. Please note: you may "just be interested in knowing more" about this to attend and not specifically "in line" for an officer position. **All Altrusans** are welcome!

Ann Babbitt
Governor, District One

ATTENTION TREASURERS past, present, incoming, and potential...You are Club Officers, too. You are strongly encouraged to attend the Officer Training on Friday afternoon, also. But, **NOTICE:** You have your very own **Treasurer Training** on Saturday morning. Please plan to attend that session. Again, **all Altrusans** are welcome, regardless of intent.

Ann Babbitt
Governor, District One

District One Spring Conference Keynote Speaker



Cheryl Opper, is the Founder and Executive Director for **School on Wheels of Massachusetts**. Cheryl first started School on Wheels of Massachusetts in 2004 after reading an article in 'Family Circle Magazine' about the struggles homeless children face in regards to achieving a quality education. Cheryl graduated from Indiana State University with a degree in Early Childhood and Family Life and has been a teacher and child advocate for 30 years.

Cheryl presented at the Horizons for Homeless Children Conference and the National Association for the Education of Homeless Children and Youth Conference. Cheryl received the Bank of America Local Heroes Award and the New England Patriots Community MVP Award. Cheryl resides in Easton Massachusetts with her husband and daughter.

Invitation To Spring Conference

Come one, come all! Altrusans will be "Steppin' Out" as District One celebrates its 55th anniversary at Spring Conference, April 15,16, and 17 in Plymouth, Massachusetts, at the beautiful Radisson Plymouth Harbor Hotel.

Plymouth County is enthusiastically planning a fun weekend with fellowship, leadership, workshops and service. Leaders in service will be glad to know that as a District One Wide Service Project, we will be collecting art supplies for Friendship Home, a facility newly built for challenged young people. Please plan on bringing much needed art supplies: pipe cleaners, pom poms, eyes, foam shapes, wicky sticks, Popsicle sticks, glitter, glue sticks, felt, colored pencils, construction paper, etc. All donations, large and small will be treasured. **(please see the related article on page 6)**

While we conduct vital business to District One, we have the opportunity to make new friendships and enjoy reminiscing with old friends in the beautiful surroundings of Plymouth Harbor. Altrusans will want to register early and reserve your rooms at the Radisson by March 11, 2011, in order to be within walking distance of the many attractions that await you; the hotel always fills up quickly. An energizing weekend of business and workshops is sure to include laughter and joviality, especially if your Club's Pig joins Foundation's Barnyard!

Sharing service, leadership, professionalism and community, help Altrusans learn and grow before heading home refreshed and re-energized ready to foster goodwill and activate International good works of Altrusa.



HOTEL REGISTRATION FORM

DISTRICT ONE ALTRUSA INTERNATIONAL, INC.

SPRING CONFERENCE April 15-17, 2011

Radisson Hotel Plymouth Harbor 180 Water St. Plymouth, MA 02360

Make your reservation by calling (508) 747-4900

OR FAX TO (508) 746-5386

THIS FORM MUST BE RECEIVED PRIOR TO MARCH 11, 2011

_____ \$111.00 PER ROOM, SINGLE/DOUBLE OCCUPANCY

_____ \$126.00 TRIPLE OCCUPANCY _____ \$141.00 QUAD OCCUPANCY

Please apply 11.7% occupancy tax to the above rates.

\$10.00 plus applicable tax for cot

PLEASE NOTE THE HOTEL IS 100% SMOKE FREE

I/WE WILL ARRIVE ON: _____ AND DEPART ON: _____

NAME (1) _____ NAME (2) _____

NAME (3) _____ NAME (4): _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

DAY TELEPHONE: (____) _____ TODAY'S DATE: _____

ALL ROOM REQUESTS HAVE BEEN NOTED ON YOUR RESERVATION AND WILL BE HONORED BASED ON AVAILABILITY

ONE NIGHT'S DEPOSIT OF \$111.00 PLUS 11.7% TAX, OR A CREDIT CARD GUARANTEE IS REQUIRED PER ROOM. PLEASE ENCLOSE CHECK MADE PAYABLE TO THE RADISSON HOTEL PLYMOUTH HARBOR FOR THOSE USING CREDIT CARDS AS A GUARANTEE, PLEASE COMPLETE THE SECTION BELOW. YOUR DEPOSIT WILL BE APPLIED TO THE LAST NIGHT OF YOUR ROOM RESERVATION. A BLOCK OF GUEST ROOMS IS BEING HELD AT YOUR GROUP RATE UNTIL MARCH 11, 2011. PLEASE NOTE THAT THE NUMBER OF ROOMS BEING HELD MAY BE SOLD OUT PRIOR TO THIS DATE. WE ENCOURAGE YOU TO MAKE RESERVATIONS EARLY TO ENSURE GROUP RATE AND AVAILABILITY.

CREDIT CARD TYPE: _____ CREDIT CARD NUMBER: _____

EXPIRATION DATE: _____ SIGNATURE: _____

NO REFUND GIVEN IF: (1) RESERVATION IS CANCELLED OR CHANGED WITHIN 72 HOURS PRIOR TO ARRIVAL

(2) IF GUEST DOES NOT ARRIVE ON DATE SPECIFIED, ROOM IS CANCELLED AND REINSTATEMENT AT GROUP RATE IS SUBJECT TO AVAILABILITY.

(3) EARLY DEPARTURE. DEPOSIT IS APPLIED TO THE LAST NIGHT OF YOUR ABOVE RESERVATION.

CHECK-IN TIME AFTER 3:00PM ~ CHECK-OUT TIME BY 11:00AM

PLEASE COMPLETE AND SEND WITH YOUR DEPOSIT TO OUR RESERVATIONS DEPARTMENT

RESERVATION DEADLINE IS MARCH 11, 2011



ALTRUSA INTERNATIONAL DISTRICT ONE
 2011 SPRING CONFERENCE REGISTRATION APRIL 15-17, 2011
 Host Club - Plymouth County MA
 Radisson Plymouth Harbor, Plymouth MA

Registrant Info – Please print or type

Name _____
 Street Address _____
 City/State/Country/Zip _____
 Phone _____
 (please circle one) Home/Work/Cell
 Email: _____
 Preferred name on name tag _____

Club _____
 Please circle all that apply for the 2010-2011 year:

CLUB	DISTRICT
__ President	__ Officer
__ Treasurer	__ Past Governor
__ Delegate	
__ Alternate	INTERNATIONAL
__ Member	__ Representative
__ First Timer	__ Officer or
__ Guest	Past President

Registration

Session	Fee	Enclosed
Early Bird registration (if before 3/10/11)	\$40.00	
Registration (after 3/10)	\$55.00	
Full Meal Package	\$123.00	
On Site late fee	\$ 5.00	
Friday Dinner	\$33.00	
Saturday Breakfast	\$17.00	
Saturday Lunch	\$17.00	
Saturday Dinner	\$39.00	
Sunday Breakfast	\$17.00	
Total registration fee:		

Friday dinner is Chicken Mayflower
Please circle our Saturday dinner choice:
 Broiled Scrod
 Jardiniere Chicken
Special diet? Please describe:
 Vegetarian/Vegan

Complete registration with all meals if mailed before 3/10/11 is \$163.00, after 3/10/11 \$178.00
Please use a separate registration form for guests who will be attending meals.

Payment

Send completed registration form and a check for the total registration. Registration must be postmarked by March 10th, 2011, to qualify for early bird discount.

Make checks payable to: **Altrusa District One**

Mail registrations and checks to: **Marie Pike, 165 Main St, Buxton, ME 04093**

To cancel a registration and receive a refund (less a \$10 non-refundable fee) a written request must be received by the District Treasurer postmarked no later than April 8, 2011. All refunds will be processed within 30 days of the close of the Conference.

HOTEL ROOM REGISTRATION: Please see Hotel Registration form.

2011 Altrusa District One Conference At A Glance

Please print your email address clearly so that we can send you a confirmation once your conference registration is received. If you don't receive this email within 2 weeks of sending your registration, please contact Deb Smith, District Secretary.

N2Ldeb@yahoo.com or 207-272-4290.

(conference schedule is subject to change)

THURSDAY, APRIL 14, 2011

7:30 PM - Optional Ghost Tour

FRIDAY, APRIL 15, 2011

9:00 - 12:00 pm Pre-Conference Board Meeting

10:00 am - 6:00 pm Registration Open

Morning- Explore Plymouth Waterfront

LUNCH ON YOUR OWN

1:00 pm - 4:00 pm Service Projects

1:00 - 4:00 pm MANDATORY Leadership Program for all Officers

4:00 pm - 4:45 pm 1st Timers Orientation

4:15 pm - 5:00 pm Flag Ceremony practice

4:15 - 4:45 pm Delegate Briefing

5:15 pm - 6:00 pm Reception for Inter. Rep

6:00 pm - 7:00 pm Dinner

7:15 pm - 8:30 pm Flag Ceremony and 1st Business Session

8:35 - 9:00 pm Candidates Forum

9:00 pm - 9:30 pm Terri Houston, Inter. Rep

SATURDAY, APRIL 16, 2011

7:30 - 9:00 am Registration Open

8:00 - 8:45 am Breakfast

9:00 - 10:00 am Workshop

9:00 - 10:00 am Workshop

9:00 - 11:00 am Treasurer's Mandatory Training

10:15 - 11:15 am Workshop

10:15 - 11:15 am Workshop

11:30 - 12:00 pm VOTING

12:00 - 2:00 pm LUNCH & KEYNOTE

2:15 - 3:15 pm 2nd Business Session followed by Presentation of some of the District Awards

3:30 - 4:30 pm District One Slide Show Invitation to 2012 Conference Town Hall Meeting

6:15 - 7:00 pm Reception for Past Governors

7:00 pm Installation Banquet

SUNDAY, APRIL 17, 2011

7:30 - 8:30 am Set up for fundraising fair

7:30 - 9:00 am BREAKFAST

9:00 - 10:00 am Fundraising Fair and Foundation Silent Auction

10:00 am - 12:00 pm District One Memorial Service and Award presentations

12:15 - 1:15 pm Committee Chair and New Officer Orientation

1:30 - 4:00 pm Post Conference Board Meeting

DEAD OF NIGHT GHOST TOUR

Thursday, April 14



If you're planning on arriving in Plymouth on Thursday night join us for this walking Ghost Tour. The cost is \$13 per person. Bring your camera and dress warm! You can sign up for this walking tour at the registration desk when you arrive. The tour leaves at 7:30 pm.



District One Spring Conference Service Project

We are asking District One Altrusans to bring donations of art supplies to conference. We will present our donations to the Friendship Home representative at lunch on Saturday. Suggested items are paint sets, stickers, paint brushes, crayons, art scissors and paper.

What is Friendship Home ?

Friendship Home is a not for profit corporation that serves individuals with developmental disabilities and their families throughout Southeastern Massachusetts. We operate Friendship Club for over 65 individuals in Norwell, Quincy and Duxbury. Club members gather twice per month in each location to plan activities, prepare a meal together and share their thoughts, feelings and experiences with the support of trained staff and volunteers.



International Updates

The International Standing Committee Chairs and Vice-Chairs, 2011-2013 attended our Program Planning Meeting in order to discuss the upcoming biennium goals, objectives, and plan workshops and a special team presentation that will be a part of the 2011 Altrusa International Convention, July 22-25, 2011 in Rapid City, ND.

There were 10 Committee members, 3 International office staff, and myself in attendance of the meetings totaling 14 from out of town. The staff and I also had the opportunity to discuss arrangements with the hotel and view the venue. Time there was between August 25 with departure on August 29, 2010.

I think we were most impressed with the hospitality of the hotel staff and local people we met. The opportunity to visit Fort Hays for dinner and show and then the trip to Mt. Rushmore was a beautiful experience. The Team is really excited about the upcoming Convention and appreciated being able to be on site while planning.

I have attached a photo taken in the Ramkota lobby, including Denise Martin of District 1, Vice-Chair of the 2011-2013 Communications Committee.



Dona Garretson

Conference, Convention: What's In It for Me?

By Donna Johnson, International President

District Conference is the best time there is to get away with your Altrusa friends for a weekend of fun, learning, and meeting like-minded people. It's an opportunity you shouldn't pass up. I promise, if you go once you'll be hooked. I was.

You'll also have a chance to meet the member of the International Board of Directors who is the International Visitor to your Conference. This year she'll be giving you an informative update on the Revitalization and Rebranding of Altrusa and how you and your club can benefit from it. Perhaps even more important will be the opportunity to talk about some major changes being proposed to the International bylaws having to do with classification of members and eligibility criteria for becoming an Altrusan.

And you don't want to miss this year's International Convention in Rapid City, SD July 22 – 25, 2011. Be the first to see the new Altrusa logo and hear the new tagline. (Bring home a scarf or polo shirt with the new logo and you'll be the envy of all your friends!) Learn how clarity, flexibility and inclusion are key to revitalizing Altrusa and how these three simple but important concepts will help you bring new members to your club.

Wow, exciting times are ahead. Go for it and plan on District Conference and International Convention. You'll be glad you did.

Meredith Annual Festival of Trees



The Meredith Altrusa Club had their annual Festival of Trees in early December. It is the Club's biggest fundraiser!! This was our 15th Festival which began Dec 2nd with the kick-off Silent Auction. This event is always a fun and very well attended event. Local radio personality, Pat Kelley, was the MC for the evening.

On Fri night, Dec 3rd, we had our first ever children's night/book reading which was a HUGE success.

This year was our most profitable Festival ever with net profits over \$11,000!!!! We are thrilled that our VERY hard work will benefit so many needy people throughout the year but, especially, at this time of year.



Reindeer Land in Bermuda

Reindeer landed on our Island at our annual Christmas Bake, Craft & Plant sale. Courtesy of Bermuda club crafter Marion Cumming (centre) who was aided in sending them to good homes for the holidays by Sheila Mayor (left) and Sally Hannan (right).

A great recycling use of fallen Palmetto leaf stalks and they also were great sellers! Wasn't that a win/win for contributing funds to Altrusa ?



Altrusa of Meredith Supports the Central NH Military Family Group



As Leaders in Service, the Altrusa Club of Meredith is proud to honor those who serve our country. To honor our servicemen and women, past and present, Altrusa has given \$100 to the Blue Star Mothers of NH. The donation will be used by the Central NH Military Family Group for the purchase of Hero Trees decorated with stars featuring the names of servicemen and women.

Black stars remember POW/MIA troops, blue stars are those who are currently serving, and gold stars are those who have been lost. The trees will be displayed in public places where those in the community can add the names of their loved ones who have served.

Pictured in the photo: Lisa Davis (left) and Laurie Brothers (right), Community Service Co-Chairs of Altrusa Club of Meredith, present check to Connie Leggett of Blue Star Mothers of NH for two Hero Trees.

CELEBRATE YOUR SUCCESSES! SHARE WHAT WORKS! TAKE A BOW!

It is always a pleasure to see and hear about **ALL** the good things that Altrusans do. It would be so nice if **EVERY** club had at least one submission. **The submission forms are on the District One website.** You can download them by going to www.altrusadistrict1.org. Click the awards tab and choose the form. After completing the form, mail your submissions to the following Altrusans:

Mamie L Bass

Kathy Didato (Central CT)
389 Coleman Road, Middletown, CT 06457
860-347-5503
Email: kdidato@comcast.net

Letha H. Brown

Kathy Stasko (Seacoast)
57 Poor Farm Road Nottingham, NH 03290
603-734-4179
Email: kstasko@yorkhospital.com

Nina Fay Calhoun

Susannah Leslie (Plymouth)
671 Webster Street Hanover, MA 02399
781-871-3676
Email: rsleslie111@verizon.net

Gabrielle Crepeau Leadership

Georgette Rondeau (Quebec)
72, des Carouges
St-Ferreol-Les-Neiges, QC
G0A3R0 CANADA
418-826-0604
Email: georgette.rondeau@gmail.com

Newsletter

Laura Cushing (Bangor)
2337 Union Street Hermon, ME 04401
207-848-9970
Email: lcushing2008@gmail.com

Yearbook

Aimee Farnum (Barre)
PO Box 265 Northfield Falls, VT 05664
802-485-9351
Email: aimlfarnum@yahoo.com

Publicity

Linda Hennebury (Biddeford-Saco)
135 Lewis Avenue Saco, ME 04072
207-284-5305
Email: jhennebu@maine.rr.com

YOU MUST SEND 3 COPIES OF EACH AWARD SUBMISSION.

**FOR THE NEWSLETTER AWARD YOU MUST SEND 3 COPIES OF 3
DIFFERENT NEWSLETTERS!**

AWARD SUBMISSION DEADLINE IS MARCH 1, 2011

Altrusa International District One 2011-2013 Slate of Officers

The District One Nominating Committee is pleased to announce the following slate of officers for 2011-2013

Governor Elect

Mary Faries, Bermuda

First Vice Governor

Sue Hawes, Bangor

Second Vice Governor (vote for 1)

Denise Martin, Portland

Kathy Stasko, Seacoast

Treasurer

Rita Cote, Biddeford/Saco

Directors (vote for 2)

Gay Douglas, Northeastern, CT

Sue Parker, Quincy

Marie Pike, Portland

Anne Rash, Northeastern, CT

Looking for Club Bylaws and Policies

As your BRR (Bylaws, Resolutions and Recommendations) chair, I would like to collate a copy of each Club's Bylaws and Policies for District One. These would serve as a reference for the Board and assist Clubs who may need a ruling on handling a situation. Clubs may submit their Club and Foundation information by email or mail.

Pat Jackowski
46 Milardo Lane
Middletown, CT 06457
pjjcjj@sbcglobal.net

Fundraising for Foundation

Buy a spunky handbag and donate 10% to the Altrusa International Foundation.

The Altrusa International Foundation has partnered with BAGOLITAS®, and 10% of your purchase will be donated to the Foundation.

BAGOLITAS® has been creating USA-made, fabric handbags since 2005. They make trendy and chic gifts, and many of the handbags have fringe that set them apart from other bags. BAGOLITAS® products are hand-cut, hand-sewn, and hand-inspected to ensure the utmost in quality and care. This means that each item is unique.

BAGOLITAS® has truly lived its mission, to redefine the lives of others through the products it makes and the charitable actions it encourages, having donated over \$100,000 to charity.

Sign up now! Go to www.bagolitas.com/members/register (then click Bagolitas > Members) **Remember to select the Altrusa International Foundation as your Consultant Fundraiser. Help the Altrusa Foundation by treating yourself to a unique gift.**



PIG GAZZETTE

HI ALTRUSANS AND PIGGIES:



HOPE YOU ARE ALL STAYING WARM AND NOT LETTING YOUR PIGS EAT TO MUCH SNOW! THEY CAN BE SUCH HOGS. I LOVED SEEING MY SWINE FRIENDS AT WORKSHOP AND CATCHING UP ON THEIR ADVENTURES AND IN SOME CASES THEIR MISADVENTURES. YES YOU KNOW WHO YOU ARE!! I HAVE SOME GREAT NEWS DUE TO POPULAR DEMAND AND GOV-ELECT SUSANNAH'S REQUEST THE PIGS ARE GOING TO STAY AROUND FOR AT LEAST ANOTHER YEAR – YEAH! THEY CAN CONTINUE HELPING PEOPLE BY



GOOD SERVICE WORK AND GOBBLING UP LOTS OF MONEY FOR THE ALTRUSA FOUNDATION. CONFERENCE WILL STILL HAVE A PIG FASHION SHOW, DIARY REVIEW AND THE MONEY EATEN BY THEM (PIGS) DURING THE YEAR WILL BE SENT TO FOUNDATION AS PLANNED IN PORTLAND LAST YEAR. THERE WILL BE PRIZES!! PRIZES FOR THE BEST DRESSED, THE MOST MONEY RAISED AND THE BEST SERVICE DIARY. SO HAVE YOUR PINK FRIENDS EAT LOTS OF PENNIES, SILVER AND THAT PAPER STUFF UNTIL CONFERENCE. PIGGIES GO AHEAD BE PIGS – STUFF YOURSELF. DECK THEM OUT IN THEIR FINEST DUDS AND HAVE THEIR BRAG BOOK (DIARY AND/OR PICTURES) WITH THEM. THERE



WILL BE LOTS OF PICTURES TAKEN WHICH WILL BE SENT TO THE ALTRUSA FOUNDATION ALONG WITH AN ARTICLE ABOUT THIS PROJECT AND THE MONEY RAISED. THANKS FOR MAKING THIS FUNDRAISER SUCH A BIG SUCCESS AND SO MUCH FUN. GOOD WORK ALL ESPE-



CIALLY MY PIGGY FRIENDS. SEE YOU IN PLYMOUTH .

Kathy Stasko

Foundation Chair District One and Pig Auntie

District Photo Show

Take a picture, create a memory. Cathy Baybutt is working on the District One Slide show. She is looking for photos of Altrusans having fun, working hard, fundraising, serving the community. Also, what have your "Pigs" been doing? She'd love photo's and story's of the Pigs. Carroll County Altrusa's Pig, Miss Carrolle Altrusa, has a facebook page. Please friend her, she would enjoy reading your news and she knows you want to know what she's been up to. She has already posted news from her other pig friends, from Plymouth County, Biddeford-Saco, Laconia and Meredith. She's looking for more pictures. If you do send pictures, please make them at least **medium size and jpg format**. The larger photo's look better on the big screen! Send a little story, so she know what the photo represents. Email your photos to cb2583@roadrunner.com

2011 District One Fall
Workshop

Hosted by Altrusa of
Biddeford-Saco

Saturday, November 5, 2011

Location to be announced

New Altrusans

September 2, 2010 - February 2, 2011

Bermuda: Cathy McNiven

Carroll County:

Joanne Hastings - joanneandvictoria@gmail.com

Barbara Kennett - barbkennett@roadrunner.com

Thelma LeBlanc - tleblanc01@aol.com

Ann Prunier - aprunier@aol.com

Julie Van Dyne - julievandyne@ymail.com

Judith Yeary - jyeary@masoninsure.com

Fall River :

Jo-Ann Melchert

Joanne Sleep - sleepj@southcoast.org

Margaret Picardi

Margarida Pires - RMKCP0624@aol.com

Laconia:

Jane Bergeron - godmother@metrocast.net

Marcia Dionne - mkmoe-99@yahoo.com

Lisa Gonzales Singh - lisadmd@hotmail.com

Lea Tassone - letassone@aol.com

Plymouth County:

Elaine Spooner - espooner@crescentcredit.org

Joan Osborne - hooppole@comcast.net

Kathryn Churchill - chur35@aol.com

Barbara Lancissi

Portland:

Maize Argondizza - margondizz@gmail.com

Quincy:

Patricia Conway

WELCOME TO ALTRUSA

Meredith Altrusa Club Honored by Meredith Chamber of Commerce



On Thursday, October 21, 2010, the Meredith Altrusa Club was honored by the Meredith Chamber of Commerce and awarded the 'Civic Project Award' at the Chamber dinner at Harts Turkey Farm in Meredith NH. Hilda Schmidt, right, president of the Meredith Altrusa Club, thanks members of the Meredith Area Chamber of Commerce for its continued support that has helped the club fund its many initiatives and community outreaches as immediate past president Betsy Raffaele, looks at the Civic Project Award the club was presented during the chamber's annual meeting .

I am very happy to report that the Meredith, Center Harbor and Moultonborough Food Pantries are MUCH FULLER tonight thanks to another successful Altrusa Food Drive. We managed to fill approximately 42 - 44 boxes of food and collected approximately \$500.00+ (Sylvia will do the final tally) in monetary donations. I understand we have some additional food donations that were dropped off at Cackleberries this afternoon.

Where to begin... A HUGE THANKS once again to Laurie at Cackleberries for providing us an optional drop-off location, to the Meredith Community Center for hosting our event, Sylvia and ELAN Publishing for printing the posters, flyers and providing all the boxes, WLNH for supporting and promoting our event, and the numerous businesses and venues around town willing to promote the food drive on our behalf. To my husband John, a special thank you for all your help today and being such a big supporter of all we do.

As we have come to expect, many of our Altrusan sisters once again stepped up to offer help to satisfy a dire need within our communities in a big way. For fear of leaving someone's name off the list I won't attempt to name everyone... To all of you gal's who signed on to help us through this event whether in the planning phase or in the execution of the food drive a SINCERE THANK YOU!

Cathy Baybutt



Why Aren't There More Altrusans?

by Donna C. Johnson, President, Altrusa International, Inc.

This is a question I've thought about a LOT over the last year. I have asked this question to many of you and I've begun to form a picture from your responses. There aren't more Altrusans because the type of people who would make good Altrusans are:

- working demanding jobs
- raising families or caring for an aging parent
- involved with school, church or other projects
- belong to other organizations
- busy, busy, busy people.

Wow, they're just like you and me! When I stop to really think about it most Altrusans have many claims on our time but we choose to spend some of that time improving our communities through involvement in Altrusa. So again I have to ask myself, why aren't there more Altrusans?

Well, of course after so much thought I just had to come up with a theory about this, right? My theory is that some of us may create a self-fulfilling prophecy when it comes to increasing Altrusa membership. We "pre-screen" potential members because we "assume" they won't want to become members for one or more of the reasons listed above. Or perhaps for some other reason that I haven't even thought about. The result of this pre-screening is that we never ask the kind of people who have already demonstrated that they make good Altrusans to become members.

This brings me to a related question I have also been asking myself. Why does someone become an Altrusan? We know from our research that community service, friendship, support for women, and camaraderie are identified by Altrusans as the top four reasons they became Altrusans. But I think it is the fifth reason, invitation, that is the key to the question, why aren't there more Altrusans?

I felt honored when my sponsor asked me to become a member of Altrusa. It sent a message to me that I had been recognized as a leader and as someone with much to offer to my community. I was busy, but I made the time for Altrusa because I saw it as important. ***How did you feel when your sponsor asked you to become an Altrusan?***

Let's create a new self-fulfilling prophecy. Ask and they will come.

Altrusa International, Inc.
District One Editor
Deb Smith
201 Bradley Street
Portland, ME 04102



We're on the web
www.altrusadistrict1.com

Follow us on
Facebook

DSB Schedule for 2011

To be announced after
2011 Spring Conference

District One will continue to use Constant Contact email marketing to keep you updated during the year!

Coming Events

District One Spring Conference: April 15-17, 2011 hosted by Plymouth County at The Radisson Hotel, Plymouth, MA

Altrusa International 52nd Convention: July 2011 at the Ramkota Hotel and Conference Center, Rapid City, South Dakota

Altrusa International 53rd Convention: July 2013 in New Zealand

District One Fall Workshop: Saturday, November 5, 2011 hosted by Biddeford-Saco Altrusa Club.